



Fighting Back

Fighting Back is a four hour, one time, hands-on course that can follow Situational Awareness/Citizen Handgun Familiarization. The class is small (usually 10 to a session) and combines some classroom instruction plus physical interaction with other students and the instructor (s). The purpose of this course is to familiarize students with self-defense options that may enhance your survival chances during a violent assault.

Who does the training? Educators from the Mercyhurst Police Academy with extensive experience in law enforcement, corrections, martial arts and the military.

Who can attend? Businesses, government agencies, schools or citizens interested in the safety of themselves and their families. You do not have to be in athletic condition to attend this course. The educational pace for the course is aimed at adults who are not experienced athletes, close quarter combat veterans or seasoned martial artists.

Where and when is it? Classes are held as requested. Locations vary to accommodate student schedules.

What does it cost? Inexpensive rates vary from corporate to individual students. Contact us for more information.

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